

CRRC April 2021

Community Resource & Recreation Center
125 Mabel Jones Drive – Below the Dam- Phone – 964-3003
Office Hours 8am-2pm Monday – Friday – Web Site:
www.crrcofcanyonlake.org (CS) Concession Stand

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 GYM 8:30 Line Dancing 10:00 Pickleball 12:30 Pickleball Studio 9:15 Tai Chi	2 GYM 10:00 Pickleball 12:30 Pickleball Studio 8:30 Fit & Fab	3 Studio 10:30 Ballet
4	5 GYM 8:00 Aerobics 10:00 Pickleball 12:30 Pickleball 5:30 Young Life Studio 8:30 Fit & Fab 4:45 Ballet	6 GYM 8:30 Line Dancing 10:00 Pickleball 12:30 Pickleball Studio 9:15 Tai Chi	7 GYM 8:00 Aerobics 10:00 Pickleball 12:30 Pickleball 6-8 Open Gym (Basketball) Studio 8:30 Fit & Fab 12:00 Mah Jongg (CS) 1:30 Private Ballet	8 GYM 8:30 Line Dancing 10:00 Pickleball 12:30 Pickleball Studio 9:15 Tai Chi	9 GYM 10:00 Pickleball 12:30 Pickleball Studio 8:30 Fit & Fab	10 Studio 10:30 Ballet
11	12 GYM 8:00 Aerobics 10:00 Pickleball 12:30 Pickleball 5:30 Young Life Studio 8:30 Fit & Fab 4:45 Ballet	13 GYM 8:30 Line Dancing 10:00 Pickleball 12:30 Pickleball Studio 9:15 Tai Chi	14 GYM 8:00 Aerobics 10:00 Pickleball 12:30 Pickleball 6-8 Open Gym (Basketball) Studio 8:30 Fit & Fab 12:00 Mah Jongg (CS) 1:30 Private Ballet	15 GYM 8:30 Line Dancing 10:00 Pickleball 12:30 Pickleball Studio 9:15 Tai Chi	16 GYM 10:00 Pickleball 12:30 Pickleball Studio 8:30 Fit & Fab	17 Studio 10:30 Ballet
18	19 GYM 8:00 Aerobics 10:00 Pickleball 12:30 Pickleball 5:30 Young Life Studio 8:30 Fit & Fab 4:45 Ballet	20 GYM 8:30 Line Dancing 10:00 Pickleball 12:30 Pickleball Studio 9:15 Tai Chi	21 GYM 8:00 Aerobics 10:00 Pickleball 12:30 Pickleball 6-8 Open Gym (Basketball) Studio 8:30 Fit & Fab 12:00 Mah Jongg (CS) 1:30 Private Ballet	22 GYM 8:30 Line Dancing 10:00 Pickleball 12:30 Pickleball Studio 9:15 Tai Chi	23 GYM 10:00 Pickleball 12:30 Pickleball Studio 8:30 Fit & Fab	24 Studio 10:30 Ballet
25	26 GYM 8:00 Aerobics 10:00 Pickleball 12:30 Pickleball 5:30 Young Life Studio 8:30 Fit & Fab 4:45 Ballet	27 GYM 8:30 Line Dancing 10:00 Pickleball 12:30 Pickleball Studio 9:15 Tai Chi	28 GYM 8:00 Aerobics 10:00 Pickleball 12:30 Pickleball 6-8 Open Gym (Basketball) Studio 8:30 Fit & Fab 12:00 Mah Jongg (CS) 1:30 Private Ballet	29	30	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:45 Zumba w/ Monica 10:30 High Beginner Line Dancing	2 8:30 Strong Nation 10:00 Zumba w/ Phillip 11:30 Silver Sneakers	3
4 11 AM Real Church	5 10:00 Zumba w/ Phillip 11.30 Silver Sneakers	6 8:45 Zumba w/ Monica 10:30 High Beginner Line Dance	7 9:00 Silver Sneakers 10:30 Intermediate Line Dance	8 8:45 Zumba w/ Monica 10:30 High Beginner Line Dancing	9 8:30 Strong Nation 10:00 Zumba w/ Phillip 11:30 Silver Sneakers	10
11 11 AM Real Church	12 10:00 Zumba w/ Phillip 11.30 Silver Sneakers	13 8:45 Zumba w/ Monica 10:30 High Beginner Line Dance	14 9:00 Silver Sneakers 10:30 Intermediate Line r Dance	15 8:45 Zumba w/ Monica 10:30 High Beginner Line Dancing	16 8:30 Strong Nation 10:00 Zumba w/ Phillip 11:30 Silver Sneakers	17
18 11 AM Real Church	19 10:00 Zumba w/ Phillip 11.30 Silver Sneakers	20 8:45 Zumba w/ Monica 10:30 High Beginner Line Dance	21 9:00 Silver Sneakers 10:30 Intermediate Line Dance	22 8:45 Zumba w/ Monica 10:30 High Beginner Line Dancing	23 8:30 Strong Nation 10:00 Zumba w/ Phillip 11:30 Silver Sneakers	24
25 11 AM Real Church	26 10:00 Zumba w/ Phillip 11.30 Silver Sneakers	27 8:45 Zumba w/ Monica 10:30 High Beginner Line Dance	28 9:00 Silver Sneakers 10:30 Intermediate Line Dance	29 8:45 Zumba w/ Monica 10:30 High Beginner Line Dancing	30 8:30 Strong Nation 10:00 Zumba w/ Phillip 11:30 Silver Sneakers	